



# CHC Chicago Foodways Roundtable

## **O Canada!**

**Food ex-pats miss when they live here.  
Food Americans miss when they visit there.**

Moderated by  
Chad Rubel

Saturday, June 19, 2010  
10 AM  
Kendall College  
900 North Branch Street, Chicago  
(West of Halsted Street, North of Chicago Avenue)  
Free Parking

Cost: \$3 per person, free to Kendall students and faculty with ID.

While most of the Canadian population lives within 50 miles of the U.S. border, they retain regional culinary traditions that don't always migrate across the border to the United States.

Canadian regional cuisine ranges from German, Ukrainian and Mennonite fare on the prairies; more Anglophile traditions in Ontario, British Columbia and the Maritimes; different First Nations traditions sprinkled throughout; and Quebec with its distinctive French cuisine originating during their fur trading period.

Foods considered distinctively Canadian, outside, is product rather than recipe: cold pressed canola oil, grass-fed Alberta beef, Lake Winnipeg pickerel and smoked goldeye, Saskatoon berries, caribou and elk.

What we know as Canadian bacon is largely unknown to them. Instead, they dream of peameal bacon and cannot find it here. Ketchup isn't as common for French fries, even McDonald's offers packets of vinegar for fries. However ketchup on a Tourtiere, pork pie served at Christmas in Quebec, is expected.

Canadian ex-pats living in the United States desire food they grew up eating. Locating a new Canadian product in our stores generates an excited phone call to alert other ex-pats.

Our moderator Chad Rubel is an American journalist who is a fan of all things Canadian. Rubel wants Americans to better understand Canada through his blog: [CanadianCrossing.com](http://CanadianCrossing.com).

We have confirmed panelists to date of Judy Hevrdejs, a staff writer at the Chicago Tribune, who was exposed to Canadian food while living there. Beth Fisher an expat from Windsor who is enthusiastically knowledgeable about Canadian baked goods and junk food. We have Quebecois Patrick La Reviere and Erika DuFour offering the French-Canadian perspective.

This program is hosted by the Chicago Foodways Roundtable. To reserve, please call (847) 432-8255, then leave your name, telephone number and how many people in your party or e-mail: [chicago.foodways.roundtable@gmail.com](mailto:chicago.foodways.roundtable@gmail.com)